

# THE MODERATION - LUNCH MENU

## ASIAN INSPIRED LUNCH PLATES £10

### CHICKEN KATSU CURRY

deep fried breaded chicken katsu curry sauce, with potatoes & carrots, pickled ginger, boiled egg and rice  
**Japanese Lunch** (🌶️🌶️)

### KARI MEE (\*p)

spicy coconut curry noodles with chicken, fried tofu and boiled egg  
**Malaysian Lunch** (🌶️🌶️)

### KAPOW GAI KAI DAO (\*v\*p)

stir fried chicken and vegetables with holy basil, steamed rice with fried egg on top  
**Thai Lunch** (🌶️🌶️🌶️)

## SANDWICHES

Served with chips or salad on white, granary, ciabatta or wrap

**RUMP STEAK**, horseradish & onion £6.50

**SAUSAGE & RED ONION** £5.50

**BRIE & ROAST VEGETABLE (v)** £5.00

**HAM & ROCKET** with grain mustard £5.50

**FISH FINGER** tartar sauce £5.50

**CHICKEN SATAY** peanut sauce £6.00

**ROAST DUCK** hoi sin sauce £7.00

## SALADS

**CHICKEN CAESAR SALAD (\*p)** £8.50

gem lettuce, anchovies, parmesan shavings, ciabatta croutons, caesar dressing

**THAI SALAD (YUM)(🌶️🌶️🌶️)(\*p)** £12.50

**STEAK OR CHICKEN** mixed leaf salad, lemon grass, chilli, mint, coriander

## STARTERS & SNACKS

**VEGETABLE SPRING ROLLS (v)** £5.50  
sweet chilli sauce

**INDONESIAN CHICKEN SATAY** £6.50  
peanut sauce & acar awak

**PRAWN TEMPURA** £6.50  
mee grob, coriander, chilli, fried garlic, chilli sauce

**SALT & PEPPER CHICKEN WINGS (🌶️🌶️)**  
crispy wings tossed in chilli, fried garlic and coriander £6.50

**MELTING GOATS CHEESE & RED ONION JAM(V)**  
herb toast, rocket salad, basil oil, balsamic reduction £6.50

**CHILLI CRAB CAKES (p)(🌶️)**  
with asian herbs and homemade tartar sauce £7.00

(🌶️) chilli strength, (v) vegetarian  
(vg) vegan (p) pescatarian,

(\*v) dish can be adapted for vegetarians

(\*p) dish can be adapted for pescatarians

Where possible we source our food locally. Our butchers are Jennings of Caversham, fruit & veg from C A Belcher, Fish is from the sea.

For information on allergies and ingredients please ask your server for our information sheet.

## COMFORT FOOD

**MACARONI CHEESE (v)** £11.50  
cauliflower & broccoli. Rocket, red onion & tomato salad

**BEER BATTERED FISH & CHIPS** £12.50  
mushy peas, home made tartar sauce

**MOD BURGER & CHIPS (chicken, beef)**  
homemade burger, lettuce, tomato, onion, gherkin & relish. Toasted brioche bun £11.50

**ADD BACON** £1.00

**ADD MATURE CHEDDAR** £1.00

**THE MOD VEGAN BURGER (Vg)**  
our own recipe burger made with 5 types of beans & lentils, pan fried and served with French fries, lettuce, tomato, onion & gherkin, topped with vegan sriracha chilli mayo £12.50

**THICK CUT HAM & EGGS** £9.50  
chips & English mustard

**LINCOLNSHIRE SAUSAGE & MASH** £9.50  
sticky onion gravy

**RUMP STEAK, FAT CHIPS** £15.50  
grilled field mushroom & tomato, onion loaf, peppercorn sauce, iceberg wedge, choice of dressing

## SOUTH EAST ASIAN

**NASI GORENG AYAM (🌶️🌶️) (\*)** £6.50  
Stir fried rice with chicken, vegetables & chilli

**MEE GORENG SAYUR (🌶️) (v)** £6.00  
Stir fried egg noodles with vegetables & chilli

**THAI GREEN CURRY CHICKEN(🌶️🌶️🌶️) (\*p)** £6.50  
sweet basil, bamboo shoots, rice

**SALMON PANANG CURRY(🌶️🌶️) (p)** £8.50  
lime leaves, chilli and Thai basil. Basmati rice

## HOMEMADE PUDS

**STICKY TOFFEE PUDDING** £5.50  
vanilla ice cream

**CHOCOLATE BROWNIE** £5.50  
vanilla ice cream

**LEMON TART** £5.50  
berry coulis, clotted cream